Family Favorite Meals

Main Dishes
20 Minute Kale & Sausage Stuffed Sweet Potatoes
Buffalo Chicken Salads Not on my blog but a green salad with Buffalo Chicken, cheddar or blue cheese, crumbled bacon, avocado and tossed in your favorite ranch dressing
BBQ Chicken Pizza
BBQ Chicken Salads Not on my blog but a green salad with BBQ Chicken, cheddar cheese, red peppers, red onion and crumbled bacon. Feel free to toss in a ranch dressing, or leave dry, as the BBQ can be saucy!
Chicken & Spinach Pizza
Honey Teriyaki Chicken Rice Bowls
Lemon Rosemary Chicken Sheet Pan Dinner with Crispy Potatoes
My Favorite Slow Cooker Shredded Mexican Chicken
One Pan Loaded Baked Potato Gnocchi
One Pot Cheesy Taco Zucchini Noodle Skillet
Slow Cooker Honey Chipotle Chicken Tacos
Slow Cooker Hawaiian Pork Burrito Bowls
Spinach and Artichoke Stuffed Spaghetti Squash
Sun Dried Tomato Meatballs with Spaghetti Squash
Quick Enchilada Nachos

Breakfast
Almond, Coconut & Vanilla Latte Overnight Oats
Blueberry Lemon Cheesecake Overnight Oats
Cinnamon Bun Overnight Oats
Fluffy Vanilla Greek Yogurt Pancakes
Healthy Salted Caramel Mocha Smoothie
Pineapple Orange Creamsicle Smoothie
Maple Cinnamon Oats with Vanilla Greek Yogurt Parfaits

Lunches
Blueberry & Goat Cheese Chicken Salad with Peanut Dijon Dressing
Caprese Avocado Toast
Hot & Spicy Thai Chicken Wraps
Mediterranean Avocado Toast
Simple No Cook Zucchini Caprese Salad
Thai Cucumber Salad with Peanut Chili Vinaigrette
Rainbow Kale Power Salad with Peanut Dijon Dressing

Snacks
Chewy Cinnamon Roll Granola Bars
Double Chocolate Granola Bars
Peanut Butter Apple Oatmeal Smoothie
Peanut Butter Zucchini Bread Breakfast Bars
Pumpkin Pie Cookie Dough Energy Bites
One Bowl Chia Seed Peanut Butter Banana Breakfast Cookies
Vanilla Espresso Almond Butter Bites
No Bake Cinnamon Pecan Granola Bars
No Bake Salted Caramel Chocolate Bars